

Exam ID. Candidates must write the Set No.
on the title page of the OMR Sheet.

DAV PUBLIC SCHOOLS, ODISHA ZONE –I
PA-II EXAMINATION, 2021-22

- Check that this question paper contains 12 printed pages.
- Set number given on the right hand side of the questions paper should be written on the OMR SHEET by the candidate.
- Check that this question paper contains 60 questions.

CLASS – XII
SUB : PSYCHOLOGY (037)

Time : 90 Minutes**Maximum Marks: 35****General Instruction:**

1. *The Question Paper contains three sections.*
2. *Section A has 24 questions. Attempt any 20 questions.*
3. *Section B has 24 questions. Attempt any 20 questions.*
4. *Section C has 12 questions (Case and Picture based). Attempt any 5 questions per case and picture based question.*
5. *All questions carry equal marks.*
6. *There is no negative marking.*

SECTION A

Section A has 24 questions (from question no. 1 to 24). Answer any 20 questions from this section.

Q1. Aptitude tests are available in two forms. They are _____ aptitude tests and multiple aptitude tests.

- | | |
|--------------------------------|-------------------------------|
| A. Single aptitude tests | C. Associated aptitude tests |
| B. Interrelated aptitude tests | D. Independent aptitude tests |

Q2. _____ approaches emphasise studying cognitive functions underlying intelligent behaviour.

- | | |
|--------------------------------------|---------------------------|
| A. Psychometric approaches | C. Projective approaches |
| B. Information processing approaches | D. Behavioural approaches |

Q3. Mental age concept was coined by _____ in 1908.

- A. William Stern
- B. Robert Sternberg
- C. Theodore Simon
- D. J.P. Guilford

Q4. Persons high on _____ ability have finer sensibilities regarding their identity, human existence, and meaning of life.

- A. Naturalistic
- B. Intrapersonal
- C. Spatial
- D. Interpersonal

Q5. _____ tests are used to predict what an individual will be able to do if given proper environment and training.

- A. Aptitude
- B. Interest
- C. Personality
- D. Intelligence

Q6. The _____ approach holds that situational characteristics play an important role in determining our behaviour.

- A. Type approach
- B. Trait approach
- C. Interactional approach
- D. Psychodynamic approach

Q7. On which theory is the notion of self-efficacy based?

- A. Freud's Psychodynamic theory
- B. Skinner's Operant conditioning theory
- C. Pavlov's Classical conditioning theory
- D. Bandura's Social learning theory

Q8. M.A.Y. B.E. Public School during summer vacation runs personality grooming classes. In these classes students are exposed to new experiences. School conducted workshop on being flexible to develop high self-concept and high self-esteem in students. Whole idea of these classes is the continuous growth and self-actualisation of students. Which theory of personality is being implemented by the school?

- A. Humanistic approach
- B. Cultural approach
- C. Cognitive approach
- D. Behavioural approach

Q9. When the school counsellor took the personality test of class 10th students in order to create their career profile; most of the students endorse items in an acceptable manner and which they think are approved by society. They thought it will be shown to other teachers and their parents. Identify which error students are committing in this situation?

- A. Acquiescence
- B. Halo effect
- C. Social desirability
- D. Extreme response bias

Q10. Shanti Devi always complies with her parents, teachers and elderly or anyone in authority. She suppresses her anger, jealousy, envy or for that matter all her negative emotions. Her family and friends remark that she is cooperative, unassertive, and patient. Identify the personality type of Shanti Devi.

- A. Sattva
- B. Endomorphic
- C. Type
- D. Type C

- Q11. Who analysed the describing words of the English language and based on it categorised traits into cardinal, central and secondary?**
- A. H.J. Eysenck
B. Gordon Allport
C. Raymond Cattell
D. Hathaway and McKinley
- Q12. Rabi's teachers common complaints from him are that he is restless, moody, touchy, quickly lose control and anxious. If Eysenck's personality questionnaire will be administered to him then he will score high on which dimension?**
- A. Neuroticism
B. Psychoticism
C. Extraversion
D. Introversion
- Q13. Analysis of forgetting, mispronunciations, jokes and dreams provide us with a means to approach the unconscious. Freud developed a therapeutic procedure using these techniques, called _____.**
- A. Psychoanalysis
B. Constructivism
C. Projective techniques
D. Psychodynamic
- Q14. A person who believes that s/he can control the onset of a negative situation, or its adverse consequences will experience less amount of stress than those who have no such sense of personal control. _____ factor is affecting the appraisal of stress in this situation.**
- A. Past experience
B. Controllable
C. Predictability
D. Duration
- Q15. Many of us drive ourselves ruthlessly towards achieving unrealistically high standards in achieving our goals. We do this under _____ type of stress.**
- A. Physical stress
B. Social pressure
C. Frustration
D. Internal pressure
- Q16. _____ stage of GAS triggers the release of hormones producing the stress response.**
- A. Alarm reaction stage
B. Resistance stage
C. Exhaustion stage
D. All of the above
- Q17. _____ strategy involves conscious suppression of stressful thoughts and their replacement by self-protective thoughts.**
- A. Task-oriented strategy
B. Emotion-oriented strategy
C. Avoidance-oriented strategy
D. Problem-focused strategy
- Q18. An outgoing person may find staying at home in the evenings stressful. This is an example of _____ stress.**
- A. Environmental stress
B. Psychological stress
C. Conflict
D. Social stress

Q19. Certain phenomena such as mother-child interactions can be easily studied through _____.

- A. Psychological test
- B. Self-report
- C. Case study
- D. Observation

Q20. _____ defined intelligence as the global and aggregate capacity of an individual to think rationally, act purposefully, and deal effectively with her/his environment.

- A. David Wechsler
- B. Howard Gardner
- C. Robert Sternberg
- D. Alfred Binet

Q21. _____ is a procedure to monitor and reduce the physiological aspects of stress by providing feedback about current physiological activity.

- A. Meditation procedure
- B. Relaxation procedure
- C. Biofeedback procedure
- D. Cognitive-behavioural procedure

Q22. People who _____ are deliberately avoiding confronting their fears of failure or rejection.

- A. Procrastinate
- B. Pessimistic
- C. Perfectionist
- D. Unassertive

Q23. The typical _____ effects of stress are seen in the form of disrupted sleep patterns, increased absenteeism, and reduced work performance.

- A. Cognitive effects
- B. Behavioural effects
- C. Emotional effects
- D. Physiological effects

Q24. _____ model of intelligence has 180 cells.

- A. Hierarchical model
- B. PASS model
- C. Structure of intellect model
- D. Primary mental abilities model

SECTION B

Section B has 24 questions (from question no. 25 to 48). Answer any 20 questions from this section.

Q25. Neena and Reena are twins. They commonly get a comment from their teachers, relatives, and friends that their work reflects almost the same level of smartness. When they took the intelligence test, they got a positive correlation between their IQ scores almost 0.90. This indicates the evidence of _____ influencing their intelligence mostly.

- A. Nature
- B. Culture
- C. Nurture
- D. School

Q26. The _____ children are sometimes called 'prodigies'.

- A. Highly gifted
- B. Highly talented
- C. Highly creative
- D. Highly committed

Q27. According to the PASS model of intelligence, a child is using _____ processing or coding when s/he is trying to complete a puzzle successfully.

- A. Arousal/Attention
- B. Successive
- C. Planning
- D. Simultaneous

Q28. When a boy decides to marry a girl and claims that he doesn't care about society, his moral responsibility and other individuals then his behaviour is driven by which competing force?

- A. Id
- B. Ego
- C. Superego
- D. All of the above

Q29. The evidences of interplay of nature and nurture are _____.

- i. Children from disadvantaged homes adopted into families with higher socioeconomic status exhibit a large increase in their intelligence scores.
- ii. Environment can best be viewed as something that sets a range within which an individual's development is actually shaped by the support of the heredity.
- iii. Brothers and sisters reared together correlate about 0.50, while siblings reared apart correlate about 0.25.
- iv. Adopted children's intelligence is more similar to their biological rather than adoptive parents. But with the influence of environment, as children grow in age, their intelligence level tends to move closer to that of their adoptive parents.

- A. i, iii and iv
- B. i, ii and iv
- C. ii and iii
- D. ii, iii and iv

Q30. Jolly attended the abstract picture exhibition. While looking at each picture he pointed out the objects he can see in the pictures. Dr. Gia, a clinical psychologist roaming nearby inquire further about where, how and on what basis was a particular response made. Both went to her clinic and did personality assessment using similar activity test. Identify this test.

- A. Draw-a-person test
- B. Rosenzweig's Picture-Frustration Study
- C. Rorschach Inkblot Test
- D. Minnesota Multiphasic Personality Inventory

Q31. _____ believed that parents who are excessively dominant or indifferent, provides too much or too little approval becomes the one of the reason of child's unhealthy development as parents generate a feeling of isolation and helplessness in children.

- i. Neo-analytic
- ii. Karen Horney
- iii. Individual psychology
- iv. Analytical psychology

- A. i and ii
- B. i and iv
- C. iii and iv
- D. ii and iii

Q32. Which factors are TRUE about type approach?

- i. Each behavioural pattern refers to one type in which individuals are placed in terms of the similarity of their behavioural characteristics with that pattern.
- ii. They try to discover the ‘building blocks’ of personality.
- iii. The Greek physician Hippocrates had proposed a typology of personality based on fluid or humour.
- iv. One of the types approaches tried to identify the primary types from a huge array of descriptive adjectives found in language by applying factor analysis.

A. ii, iii and iv

C. i, ii and iii

B. ii and iv

D. i and iii

Q33. Which of the following statement is TRUE about ego defence mechanisms?

- i. In rationalisation, a person defends against anxiety by adopting behaviours opposite to her/his true feelings.
- ii. In denial, a person says, “I do not know why I did that”.
- iii. In projection, a person who has strong aggressive tendencies may see other people as acting in an excessively aggressive way towards her/him.
- iv. In reaction formation, a student buys a set of new pens after doing poorly in an examination reasoning that she will do much better with these pens.

A. i

B. ii

C. iii

D. iv

Q34. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): A 10-year-old child with a mental age of 12 would have an IQ of 120.

Reason (R): If MA is more than the CA, IQ is more than 100.

A. Both A and R are true, and R is the correct explanation of A.

B. Both A and R are true, but R is not the correct explanation of A.

C. A is true, R is false

D. A is false, R is true

Q35. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): Educated middle-class white subjects generally perform well on Culture-Fair tests.

Reason (R): Tests developed in America and Europe represent an urban and middle-class cultural ethos.

A. Both A and R are true, and R is the correct explanation of A.

B. Both A and R are true, but R is not the correct explanation of A.

C. A is true, R is false

D. A is false, R is true

Q36. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): The God or the Mother Earth is a good example of archetypes which can be found in myths, dreams and arts of all mankind.

Reason (R): Psychological qualities such as growth and realisation of potentials resulted from a desire for freedom, and striving for justice and truth.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q37. Life in the Mumbai slum area is full of fights with neighbours on water shortage and electricity shortage. There are traffic snarls and commuting problems as many travel in local train and reach office late. Evenings are noisy as most of the babies cry their lungs out due to lack of sufficient food. People in slums are reported to have poor psychological well-being. _____ is the source of their condition.

- A. Hassles
- B. Traumatic events
- C. Life events
- D. Self-esteem

Q38. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): Behavioural ratings are frequently used for assessment of personality in educational and industrial settings.

Reason (R): The assessment report is not authentic as it is affected by response bias and halo effect.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q39. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): The Minnesota Multiphasic Personality Inventory uses stimuli which is relatively unstructured and poorly defined.

Reason (R): MMPI is a self-report measure of personality used for psychiatric diagnosis.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q40. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): Self-actualisation becomes possible by analysing the motivations that govern our life.

Reason (R): An individual's sole concern with the satisfaction of the survival needs reduces her/him to the level of animals diverting her/him from self-actualisation.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q41. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): The anal area of the body becomes the focus of certain pleasurable feelings during the anal stage of Freud's psycho-sexual stages of human development.

Reason (R): This stage establishes the basis for conflict between the ego and the superego.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q42. Isabella's mother caught her chatting with a stranger male at late night. Mother instructed her to sleep right away and talk to her in morning along with her father. Whole night Isabella initially kept on telling her that it is not happening in reality with her and it is just a dream. Later she worried about what she is going to do about it. Isabella is adopting _____ coping strategy.

- A. Task-oriented strategy
- B. Emotion-oriented strategy
- C. Avoidance-oriented strategy
- D. Problem-focused strategy

Q43. Justin Barbara got a lot of assignments from his boss with short time duration to finish. Upon this employee's salary increment analysis phase was going on. Justin found a quiet place in office, set a realistic goal for himself as it helps his build confidence, sat down on floor with relaxed body and closed eyes, and used images for concentration. This reduced the risk of interference from unbidden thoughts and provided the creative energy needed for turning an imagined scene into reality. Justin is using _____ stress management technique.

- A. Mediation
- B. Biofeedback
- C. Creative visualisation
- D. Cognitive behavioural technique

Q44 .Select the statements which support the idea "Stress is like electricity."

- i. It gives the energy to perform certain work.
- ii. It increases human arousal towards the stimulus and work in hand.
- iii. It affects the performance of the human.
- iv. If the electric current is too high, it can enhance work performance.

- A. i and iv
- B. i, ii and iv
- C. ii, iii and iv
- D. i, ii and iii

Q45. Which of the following is/are true statements about stress resistant personality?

- i. It takes shape as a sense of causality to what is happening in life.
- ii. It takes shape as a sense of personal commitment to what you are doing.
- iii. It takes shape as a sense of control over your life.
- iv. It takes shape as a feeling of confrontation.

- A. ii and iii
- B. i, ii and iii
- C. i and iv
- D. ii

Q46 .Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A): People who are stressed are likely to engage in other health risk behaviors like smoking and alcohol abuse.

Reason (R): Such health impairing behaviors develop gradually and are accompanied by pleasant experiences temporarily.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q47. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A) : Stress has been implicated in the development of psychosomatic disorders including ulcers, asthma, allergies and headaches.

Reason (R) : Stress can affect B cells produce antibodies

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q48. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A) : Women exposed to life event stresses, who had a close friend, were less likely to be depressed and had lesser medical complications during pregnancy.

Reason (R) : Social network is the quantity of social support is unrelated to well-being, because it is very time-consuming and demanding to maintain a large social network.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

SECTION C

Section C has 12 questions (from question no. 49 to 60). A total of 10 questions are to be answered in this section.

- **Question no 49-54 are case based questions. Attempt any 5 of these 6 questions.**
- **Question no 55-60 are based on the picture provided. Attempt any 5 of these 6 questions.**

Read the case given below and answer any 5 of the 6 questions that follow:

Joanna, aged 4 1/2, was interviewed by the director of a preschool when her parents applied to have her enrolled. Joanna smiled a great deal and was interested in the toys in the office. The director, however, was concerned about Joanna's inability to say her own name and address, to communicate basic information about her family, and to express herself verbally. After an evaluation, Joanna was diagnosed as mildly mentally retarded, and she is now enrolled in a special school where she receives individual help in language development and academics. Her teachers feel that she is benefiting from the program and will be ready to enter a mainstream kindergarten.

Eddie, 5th grade, was always considered a little slower than his peers, but he was a likeable child who got along well with family members and friends. When academic work became demanding and he fell behind in 2nd grade, the school conducted an evaluation. He was diagnosed as having moderate mental retardation and was placed in a special education class where the material is appropriate for his cognitive ability and learning pace.

Q49. Identify the IQ range of Joanna who was diagnosed as mildly mentally retarded.

- A. 20-40
- B. 55-70
- C. 35-55
- D. Below 20-25

Q50. Identify question: Identify the descriptive label for the individuals having IQ in the IQ range of 110-119.

- A. Very superior
- B. Average
- C. Superior
- D. High average

Q51. Which of the following statement/s is/are NOT TRUE as per the definition “significantly sub-average general intellectual functioning existing concurrently with deficits in adaptive behaviour and manifested during the developmental period”.

- A. This definition points to four basic features.
- B. This definition is given by The American Association on Mental Deficiency.
- C. Adaptive behaviour refers to a person’s capacity to be independent and deal effectively with one’s environment.
- D. The deficits must be observed during the developmental period, that is between 0 and 18 years of age.

Q52. Two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option.

Assertion (A):Individuals who are categorised as having intellectual disability show significant variation in their abilities, ranging from those who can be taught to work and function with special attention, to those who cannot be trained and require institutional care throughout their lives.

Reason (R): Individuals with mild and moderate levels of intellectual disabilities can be taught to work and function with special attention, whereas individual with severe and profound levels of intellectual disabilities cannot be trained and require institutional care throughout their lives.

- A. Both A and R are true, and R is the correct explanation of A.
- B. Both A and R are true, but R is not the correct explanation of A.
- C. A is true, R is false
- D. A is false, R is true

Q53. Whenever a teacher takes a test or an employer does an employee assessment or a psychologist takes an IQ test of an entire class, then which common graphical representation is most likely to occur in all the above mentioned situations?

- A. Pie-chart
- C. Normal curve

B. Bar-graph

D. Scatter Plot

Q54. Identify the IQ range of Eddie who was diagnosed as moderate mentally retarded.

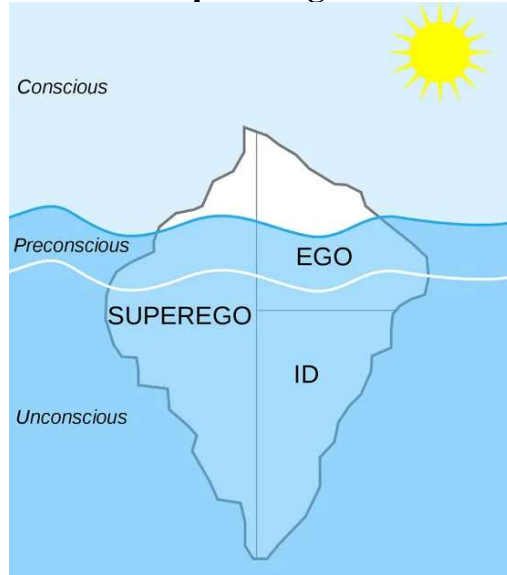
A. 20-40

C. 35-55

B. 55-70

D. Below 20-25

Refer to the picture given below and answer any 5 of the 6 questions that follow:



Q55. Who pioneered the concepts mentioned in the picture?

A. Carl Jung

C. Karen Horney

B. Erich Fromm

D. Sigmund Freud

Q56. Which of the following is NOT the part of the theory depicted in the picture?

A. Life instinct

C. Archetype

B. Libido

D. Regression

Q57. Identify the statement which stands NOT TRUE for unconscious.

A. The unconscious is a reservoir of instinctive or animal drives.

B. The unconscious stores all ideas and wishes that are concealed from conscious awareness.

C. People constantly struggle to find either some socially acceptable ways to express unconscious impulses.

D. The unconscious includes mental activity of which people may become aware only if they attend to it closely.

Q58. Which of the following statements are NOT TRUE of this theory?

i. Id works on the pleasure principle.

ii. Ego works on moral principles.

iii. Superego works on the reality principle.

iv. Id is energised by two instinctual forces.

Choose the correct option:

- A. ii and iii
- B. i, iii and iv
- C. i, ii and iii
- D. i and iv

Q59. Which of the following is not a drawback of this theory?

- A. The theories are largely based on case studies; they lack a rigorous scientific basis.
- B. They use small and atypical individuals as samples for advancing generalisations.
- C. Freud has used males as the prototype of all human personality development. He overlooked female experiences and perspectives.
- D. Patients needed to talk about their problems, and having talked about them, they often felt better which is possible through free-association.

Q60. Identify which stages of personality development is NOT a part of this theory.

- A. Genital Stage
- B. Conventional Stage
- C. Anal Stage
- D. Latency Stage

******* ALL THE BEST *******