

Study Plan

Play Plan

2016-17



Pre-School

TOPICS FOR VALUE EDUCATION

MONTH	ACTIVITIES
April	Obedience 1. Towards your friend. Parents and teachers
May	Cleanliness 1. Personal Hygiene 2. Cleanliness of surroundings 3. How to keep your class room tidy
July	Honesty 1. Truthfulness 2. Sincerity 3. Hard work
August	Safety 1. Traffic rules 2. Personal safety
September	To lose gracefully 1. Sportsman spirit
October	To admit mistakes 1. Learn to say sorry
November	Friendship 1. Sharing & caring (Socializing)
December	To respect elders 1. Tender attitude (To help elderly people)
January	Punctuality 1. Be regular 2. Disciplined

February

Good manners

1. Wish your elders
2. Be humble to teachers
3. Avoid ego jealousy
4. Learn to say thank you

APRIL, MAY, JULY

ENGLISH

1. Oral recitation A-E, F, H, I, T
2. Recognition of alphabets A, E, F, H, I, T, L with flash cards and blocks
3. Writing of alphabets (overwriting) A, E, F, H, I, T, L
4. Book reading from (Taught Turtle) Bonanza Book Pg 6-10.

MATHS

1. Recognition of numbers 1 - 5 with flash cards and on powerpoint
2. Oral recitation of numbers 1 - 5
3. Count and say 1 - 5 with abacus and other teaching aids.
4. Writing of Numbers 1-3 (overwriting)

GENERAL KNOWLEDGE

1. Recognition of pictures
2. Recognition of colours
3. Recognition of Fruits and Vegetables.

COLOURING

1. Colouring in an Apple, Ball, Cap in drawing file.
2. Art/craft book pg no. 6 to 10.

NURSERY RHYMES

Listening and singing nursery rhymes with music and action.

1. Alphabet Song, We say Thank You, Come Little Children
2. (आजो गीत गाए) सवेरा, होली, आलू, बेलो मुन्नको खाजो

ART AND CRAFT

Artist book pg no. 1 - 15

Paper folding, Palm painting.

SYLLABUS FOR ASSESSMENT I**READING SKILL**

1. Oral recitation of alphabets A, E, F, H, I, H, T, L
2. Recognition of alphabets with Flash cards A - E, F, I, H, I, T, L
3. Counting numbers 1 - 5 (Oral)
4. Recognition of numbers 1-5 with flash cards and on powerpoint'
5. Count and say numbers 1-5 with abacus and other teaching aids.

WRITING SKILL

1. Writing of alphabets A, E, F, H, I, H, T, L (Overwriting)
2. Writing of numbers 1, 4, 7, 6, 8 (Overwriting)
3. Count the picture and match the number 1-5.
4. Match the letters with pictures A, E, F, H, I, H, T, L

COLOURING SKILL

1. Colouring of different shapes
2. Colouring of fruits and vegetables

SPEAKING SKILL

Replying to simple questions

1. Conversation : - Speaking well sentences, telling first names. open my bottle, tiffin.
2. Naming different objects

PHYSICAL DEVELOPMENT

Races in the ground, rolling, shaking hands, stacking blocks.

GENERAL KNOWLEDGE

Recognition of pictures

Fruits, Vegetables, Bodyparts, Recognition of colours.

ART AND CRAFT

1. Thumb impression, paper folding, palm printing
2. Artist book pg No. 16 to 20.

NURSERY RHYMES

Singing Nursery rhymes with action done
Mummy & Daddy, I Love You, Daddy Finger, Five
अखबार, खिलौने वाला, दूधवाला, आजो गीत गाएं

INDOOR-OUTDOOR ACTIVITIES

Watching PowerPoint presentations fruits, vegetables on multi-media.
Stacking brooks, clay modelling, sand play, free play.

AUGUST, SEPTEMBER**ENGLISH**

1. Oral recitation of alphabets A-J
2. Reading from Alphabets Toughy Turtle 11 to 15.
3. Reading of alphabets with picture A-J from charts, flash cards, multimedia presentation & other teaching aids.
4. Writing of alphabets A-J (Go over with a pencil)
5. Match the letters with pictures A-J
6. Circle the correct alphabet A-J
7. Transcription A-E (on dots)

MATHS

1. Oral counting 1 - 10
2. Recognition of numbers 1-5 from charts, flash cards & Power Point.
3. Writing of numbers 1-10 (Go over with a pencil)
4. Transcription 1-5 (on dots)
5. Count and match 1-5
6. Count and Write 1-5

GENERAL KNOWLEDGE

1. Recognition of body parts & colours .
2. Name of School, Principal and Class Teacher.

COLOURING

1. Colouring in a duck, egg, fish, grapes, hat, ice-cream and Joker in drawing file .
2. Colouring in Circle.
3. Anti Craft book pg. 15-24

ART / CRAFT

1. Vegetables printing, Card making (theme based)
2. Artist book pg no. 21 to 25.

NURSERY RHYMES

आह, टमाटर, बिल्ली गई दिल्ली, हाथी राजा, छाता

READING SKILL

1. Oral counting 1- 10
2. Count & say with abacus 1-10
3. Recognition of numbers 1-5 with picture cards and blocks
4. Oral Recitation of alphabets A - J
5. Reading with pictures from Alphabets Bonanza pg.2-13 (A - J)
6. Recognition of alphabets A-J with flash cards, charts and power-point presentations.

WRITING SKILL

1. Writing of alphabets A - J (Go over with a pencil)
2. Match the picture with alphabets A - J
3. Circle the correct alphabets A - J
4. Writing on dots A - E
5. Writing of dots 1 - 5
6. Writing of numbers 1 - 10 (Go over with a pencil)
7. Count the pictures and match the numbers 1 - 5

COLOURING SKILL

1. Colouring in different objects.
2. Colouring in Circle

LISTENING SKILL

Listening of different Rhymes and stories on computer.

SPEAKING SKILL

1. Conversation: Speaking small sentences, open my bottle, tiffin, go to toilet, drink water, telling first name, friend's name.
2. Exchange greetings : Good morning, Good afternoon, Thank You, Please etc.

GENERAL KNOWLEDGE

1. Picture reading from Fun with Pictures page 6-9.
2. Recognition of basic colours.
3. Reciting Gayatri Jaap.
4. Talking about good food, bad food, good manners
5. Recognition of shapes circle, square

ART AND CRAFT

Vegetable Pg No. 26 to 30

NURSERY RHYMES

बंदर वाले आओ जी

Clap Clap

Brush Brush Your Teeth

INDOOR-OUTDOOR ACTIVITIES

Races in the ground - flat race, frog jumping, catch and throw, Sit-stand, folding your own hanky and mat etc. Walking on a line, exercises in the ground with a drum.

OCTOBER, NOVEMBER, DECEMBER**ENGLISH**

1. Reading from Alphabet Tough Turtle 18 - 23.
2. Reading of alphabets A-R.
3. Recognition of alphabets A to R from charts different teaching aid, picture cards, sight reading and blocks with alphabets.
4. Writing of alphabets with picture A to R
5. Missing letters A to R (on dots)
6. Picture Dictation A to R
7. Match the alphabets with pictures A to R.

MATHS

1. Oral counting 1 -15
2. Recognition of numbers 1-10 from charts, flash cards, count and say from abacus and beads etc:)
3. Writing of numbers 1-15 (ondots)
4. Count and write 1 - 10

5. Count the object and match the numbers 1 to 10.
6. Join the dots 1 to 10
7. Missing numbers 1 to 10

COLOURING

1. Colouring in a kite, leaf, mango, nest, orange, pencil, quilt and rose in a drawing file.
2. Colouring of shapes circle, triangle and square.
3. Art/Craft book pg. 25-32

NURSERY RHYMES

Singing Nursery rhymes with action done in class.

9 am little teaport, ven, little fings

आओ गीत गाएं : आओ खेलें खेल, जून का महीना, ऊपर चन्दा चन्दा मामा, आज सोमवार है

GENERAL KNOWLEDGE

1. Reading from Fun with Pictures pg. no.10 to 12.
2. Recitation of Gayatri Jaap.
3. Things we see at home and school.
4. Recognition of shapes circle. Triangle and square.
5. Telling name of school and school principal.
6. Days of week.

ART / CRAFT

Bindi Pasting, Card making (Diwali), leaf pasting and different races.
Artist book: pg no. 31 to 35.

READING SKILL

1. Reading from Alphabet Bonanza Book pg. 14-22
2. Knowledge and recognition of alphabets A to R
3. Recognition of numbers 1-15 .
4. Oral counting 1-15
5. Count and say 1 to 15 from charts and beads etc.

WRITING SKILL

1. Writing of alphabets A - R (On Dots)
2. Picture Dictation A to R

3. Matching of alphabets with pictures A to R
4. Circle the correct letters A to R
5. Writing of numbers 1 to 15 (On Dots)
6. Join the dots 1 to 10
7. Count and write 1 - 10
8. Count the object and match the numbers 1 to 10

COLOURING SKILL

1. Colouring of shapes circle, triangle and square.
2. Colouring of birds, Howers and Santa Clause.

SPEAKING SKILL

Replaying to simple questions in english age, name, name of school and Principal, simple gesture and greetings.

LISTENING SKILL

Listening and reciting different rhymes names done in class.

GENERAL KNOWLEDGE

1. Recitation of Gayatri jaap
2. Name of vehicles
3. Recognition of shapes
4. Thing we see at home and school

ART AND CRAFT

Page No. 36 to 40

Cutting and pasting, vegetable printing and paper folding.

INDOOR-OUTDOOR ACTIVITIES

1. Clay modelling, folding a paper, free play, role play dancing
2. Races in the ground, catch and throw, water play & sand play
3. Jumping over a rope, kicking a football in a group

NURSERY RHYMES

1. Lets Boggie, Boggie, out in the garden, one-two bus my show.
2. मेरी नानी, लाल परी, मेरी गुड़िया, एक, दो, तीन, चार

JANUARY, FEBRUARY, MARCH**ENGLISH**

1. Reading from Alphabets (19-31)
2. Recognition of alphabets A to Z from blocks, multimedia presentation and picture cards.
3. Writing of alphabets A - Z on the dots.
4. Picture dictation A to Z.
5. Missing letters A - Z .
6. Matching of alphabets with object A to Z.

MATHS

1. Oral counting 1 - 20
2. Recognition of numbers 1-15 from charts, different teaching aids
3. Count and say by using abacus, from charts and multimedia presentation.
4. Writing of numbers 1-20 (on dots)
5. Missing numbers 1 to 15
6. Counting the pictures and writing the correct numbers 1 to 1.5.
7. Count the picture and match the numbers 1 to 15.
8. Join the dots 1 to 10
9. Dictation 1 to 10.
10. Table on (zero), one, ten (oral)

COLOURING

1. Colouring in different shapes
2. Colouring in a sun, tree, umbrella, van, watch, x-mas tree, yacht and zig-zag.
3. Art Craft book pg. 33-40

GENERAL KNOWLEDGE

1. Fun with picture book pg no. 13 to 16
2. Knowledge of our cultural and religious festivals and things related to the same.
3. Knowledge of important dates like new year, Independence Day and Christmas day.
4. Knowledge of the days.
5. Days of week.
6. Things we see in town, season, means of transport, at the Railway Station and class room object.

NURSERY RHYMES

Chumura - 2

लंगूर, मेरी बिल्ली, एक दो तीन चार, सावन, हाथी राजा

READING SKILL

1. Recognition of alphabets A to Z
2. Recognition of numbers 1-15 from charts and flash cards and multimedia presentation
3. Oral counting 1-20
4. Count and say 1 to 15
5. Join the dots 1 to 10
6. Match the pictures A - Z
7. Circle the correct alphabets A - Z

WRITING SKILL

1. Writing of alphabets A - Z (on dots)
2. Missing letters A - Z
3. Matching of alphabets with pictures A - Z
4. Picture dictation A - Z
5. Writing of numbers 1 to 20 (on dots)
6. Missing Numbers 1 to 15
7. Counting the pictures and writing the numbers 1 to 15
8. Counting the objects and matching the numbers 1 to 15
9. Dictation 1 to 10

COLOURING SKILL

1. Colouring the different object like fruits and vegetables
2. Colouring of different shapes

LISTENING SKILL

1. Story : Thirsty Crow or Lion and the mouse

GENERAL KNOWLEDGE

1. Days of week, Gayatri mantra, Classroom objects, means of transport.
2. Reading from book "fun with picture" pg no. 13 to 16

ART AND CRAFT

1. Pg. No. 41, 43, 45, 47, 51
2. Clay modelling, Cotton bud and leaf pasting.

INDOOR-OUTDOOR ACTIVITIES

1. Threading beads, identify different objects put together, moulding and preparing models with plasticine.
2. Movement and exercises with drums and singing rhymes with action , races in the ground. Different stretching exercises to develop healthy muscles .

ACTIVITY CURRICULUM

2016-2017

Kailash Bahi DAV Senior Secondary Public School provides an enriching learning experience for young children. It inculcates in them the age old and time honoured values as enshrined in our cultural heritage, Our aim of teaching is to develop basic skills of communication along with basic concepts of physical and social environment. Other life skills relating to the world of play, work and culture also forms the basis of our curriculum

Our programs are designed to help our children to grow, learn and develop physically, socially, morally and intellectually so as to make a child grow into a complete human being and good citizen. We involve our children in individual and group play activities, using situations, themes and materials, readily available in the immediate environment.

MORNING ASSEMBLY

It is a rich and varied experience for our children. The daily news headlines, thought for the day, personal views of our children on various aspects and school news are read out. The staff and children speak on various moral, ethical, spiritual and other subjects of interest.

School Day starts with Gayatri-Mantra, Shalok recital and our school choir leads the school in community singing. On Mondays children come in white PT uniform and on Saturdays in House T-Shirt (except for Kindergarten Section). After prayer, they are taught various physical exercises by our expert-coaches. Each & every

child is given roll number wise opportunity to come on stage and recite any poem or speak on any topic.

HOUSE ACTIVITY DAYS

"First and third Saturdays of every month are considered as activity days" for various activities organised by our school. Children participate in the activities of their choice given at the beginning of session. Sports and music are compulsory for every child of the school. Prizes and certificates are given to the winners.

PERSONAL HYGIENE

Checking of uniforms and personal hygiene is a daily feature in the school. Our discipline in-charge checks uniform and personal hygiene of each and every child of the school.

DIVISION OF SCHOOL INTO FOUR HOUSES

For the purpose of extra activities, the school has been divided into four houses. Extra activities are a regular feature of the school but there is perfect balance between academics and co-curricular activities. The four houses are as follow:

Red, Yellow, Blue, Green

Each class is divided into four houses. The teachers are made incharge of the above mentioned houses and competitions of various activities are held between these houses throughout the session. The school selects captains of these four houses and also the Head Boys, Head-Girls, Vice-captains, class-monitors, cleanliness leaders, Discipline-in-charge of each class are selected as per rotation. Each child is given an equal opportunity and encouraged to develop leadership qualities.

PROGRAMME PLANNING

Our teachers under the headship of Principal meet on two Saturdays and plan the work in advance for the activities to be performed and do their preparation so that each activity is done in a meaningful way. This keeps our children busy with learning things of value. If the children are kept waiting, the only things they may be learning is idleness .. Stickers, tokens, prizes, trophies, merit certificates, medals are given to our children to encourage their efforts and hidden talent. The main purpose is to encourage our children to compete with themselves and discourage unhealthy competition among the children.

PROJECTION OF SKILLS

Children work is displayed on the Bulletin Boards, class-room boards, and in the exhibition rooms and the best projects are also awarded regularly. To develop a scientific attitude and practical knowledge of various topics taught in class, children are given guidelines/demonstrations as how to prepare various projects related to the topics right from the initial classes. Computer based presentations are made by the students on various topics of Science & Social Studies. This helps our children to develop creative abilities, thinking skills, doing fundamental mathematical operations, and making use of these. It develops their aesthetic appreciation and interest in aesthetic activities.

ROUTINE CURRICULUM AREAS

Group discussions, reading cards, various educational cassettes LED's and audio-tapes are a regular feature of our school. Individualised reading during library period, building up vocabulary visits, reading of road science, notice boards, poster making are encouraged with the help of field visit and class room situation.

WRITING

School has adapted three R's of writing in proper cursive form, writing neatly, legibly with correct spellings, taking dictation of simple known words, and use of writing in meaningful way such as writing greeting cards, messages and expresses their own views. Penmanship and Public Speaking practice is given daily through out the session according to the set schedule for all the three languages: English, Hindi & Punjabi.

ENGLISH CONVERSATION

To help our children to converse properly in English, there are regular classes in our time table. Children are taught to speak on some themes in English under the guidance of our expert English teachers so as to enable them to speak fluent English. Our teachers talk to the children and they are asked to respond with proper gestures, manners and speak with courteous words.

HAWANS

As a part of a curriculum 'Hawans' are performed in the Yagshala of the school daily class-wise. Children are taught about the significance of Hawan and about the impact of Hawan on the surroundings, atmosphere and on our minds. They are told about the Purification of body and mind. To inculcate the values and

tradition of Arya Samaj, the children are made to take part in performing Hawans themselves by putting. Samidha, Samagri in the Hawankund. Gayatrimantras are chanted. Children meditate for few minutes.

CLASS ROOM ACTIVITIES

To develop four skills in our children we have adopted the following routine activities daily concerned with class room teaching.

1. CREATIVE AND EXPRESSIVE ART

ART: Colouring within a shape, look and colour, painting on wet paper, painting on rocks, wax painting, mirror painting magic painting, thread painting, potato painting, palm-painting, vegetable painting, sponge-painting, tracing modelling Plasticine. Making objects with marble printing.

CRAFT: Card marking, group work, complete the picture race, paper tearing, paper folding, origami, clay activity, free hand clay/moulding, pasting of various items in scrap book, murals, sculptures.

2. RELIGION AND CULTURE

Children are given knowledge on importance of festivals, our traditions and values. Celebration of festivals like Christmas, Rakhi, Diwali are also done.

3. HOUSESHOWS

Our school allows its students to plan, organize, evolve and execute activities. Students and teachers work together in this mega group activity under the kind supervision of principal.

4. HOLIDAY ASSIGNMENT

For the constructive use of time during summer vacation, the school provides the children with Holiday Assignment prepared by the teachers with great efforts.

Those assignments are evaluated and best three from each section are awarded. Extra Home Assignments are given to the students of classes VIII, IX & X to give ample practice of the syllabus covered in each subject.

ACTIVITY CLUBS OF KINDERGARTEN

1. MONTESSORI CLUB

- (a) The main method of this club is 'Trial and Error.'
- (b) It tries to bring out the intellectual potential of the child. When the child is shown and described about some particular apparatus he is too excited to do it on his own. Then the child will be given the same apparatus in a dismantled form. The child will then try to make it on his own with errors and trials. One time he will set the apparatus without any error.
- (c) Different apparatus is given to different children among all the age-groups i.e. from Pre-Nursery to Class I.

Teacher Incharge

Ms. Jasleen Gujral

Ms. Sarita Sood

Ms. Priyanka Kaushal

Ms. Rupinder Sandhu

2. CREATIVE BUDS CLUB

- (a) Art and Craft

(i) Cotton Work	(ii) Glitter Work
(iii) Ribbon Work	(iv) Golden / Silver Paper Work
(v) Crayon Rangoli	
- (b) Free Hand Drawing - To draw certain objects with pencils and then to colour it.
- (c) Clay Modeling - Using different clay and making different models.
- (d) Musical Stories - This concept will be with Casio and teaching aids.

Teacher Incharge

Ms. Anjana Sharma

Ms. Ritu Rajpal

Ms. Chitra Dhiman

Ms. Preeti Srivastawa

Ms. Sushila
 Ms. Urmi Mala
 Mr. Rajesh Kumar Verma

3. **EXCURSION CLUB**

Visit to Temple - Children will be made aware of buying things from the shops. How to spend money and the value of money can be explained them.

Visit to a Gurudwara - This will help the children to learn about water, boating, difference between lake and other water bodies.

Natural Walk - This will help the children to learn about all the natural things they see around like trees, water bodies, grass, birds etc.

Picnic - We can tell children about the concepts of picnic spot. To bring different food items and drinks.

Teacher Incharge

Ms. Anjana Sharma
 Ms. Priyanka Kaushal
 Ms. Sucheta Kohli
 Ms. Jyoti Malhotra

4. **VALUE CLUB**

Under this club the children will be taught about different moral values. Like - how to wish everyone, how to give respect to others, how to speak, how to eat with table manners, prayers, food values etc.

Teacher Incharge

Ms. Jasleen Gujral
 Ms. Cecelia Nunes
 Ms. Sarita Sood
 Ms. Heena Malbiltra

5. **ENTERTAINMENT CLUB**

Bouncer - We can hire a bouncer once a month, which will make the child strong and energetic.

Dance Party - We will ask children to dress up in some party dress and get some snacks and juices for party. Music will be played with different songs and the children will be invited to dance with the teacher.

Passing the parcel game in class with music- indoor game.

Some different races - Outdoor - Sack race, lemon spoon race, simple race.

Teacher Incharge

Ms. Rupinder Sandhu
 Ms. Jyoti Malhotra
 Ms. Ritu Rajpal
 Ms. Cecelia Nunes
 Ms. Hiti Verma

These activities will be organized throughout the year to develop the intellectual, motor, muscular potentials of the children. The main target of all these activities is to bring the best out of all the children.

SARAL AHSAAAS - A SCHOOL FOR THE UNDERPRIVILEGED

Help Spread the Word !

Saral Ahsaas in her participation in a wonderful dream she has had in her mind for so long. It is the solemn pledge to light up the lives of underprivileged children from Sapu Dham Colony, their families and community through an approach which puts children in the centre of development.

It is the celebration of Kailash Bahl DAV Public School professionals under the able mentorship of its Principal, Mrs. Madhu Bahl, whose leadership and dedication has inspired a love of learning in students, some of them first generation of learners, who are receiving free quality education, free uniforms, notebooks and books.

Saral Ahsaas is a unique balance of academics, play and character development for children. It is a blend of child-initiated and teacher-directed activities to nurture children socially, emotionally, physically and intellectually.

The Saral Ahsaas classrooms from Class III to Class X are self contained, with a nurturing and supportive environment.

The children are naturally spontaneous and exuberant in the ways they express their feelings and ideas. The classroom provides opportunities to invent, play,

explore and refine ideas through a variety of media such as music, dance and art activities. The Annual Day Functions, Celebrations of National Days, Independence, Republic Day Celebrations, Diwali, Recognition Day celebrations provide a ready platform.

The Saral Ahsaas class work is powerful, fun and educational - an Interactive adventure leading to the discovery that "We're all good individually but together we're excellent: Innovative projects promote a culture of self-discovery, innovation, high motivation, integrity and leadership qualities among the young learners,

No complicated philosophy seems to govern the ideology behind Saral Ahsaas. The philosophy of kindness remains supreme. Silent determination, a vision fuelled by the passion to reach the 'poorest of the poor' and the central task to implant the will and facilitate learning reigns at the KBDVAV Campus on all days.

ACTIVITY CURRICULUM (2016-17)

- Bounce the ball in circle.
- Pot making activities.
- Colour short activity.
- Flag making activity.
- Making something on sand Rit & Improve hand movements bouncing
- Crutching Throwing, Kicking the ball and bouncing the ball in shape.
- Large muscle movement activities.
- Eye and hand coordination activities.
- Learning to balance activities.