

We live in our home with the members of our family. Our parents love and care for us. They cook tasty meals for us. Our grandparents are always ready to tell us stories. All our needs are fulfilled within the family.

WHAT IS A F-A-M-I-L-Y.....???

- A family is two or more people who are connected by love or kinship.
- A family may have members other than those living together.
- Each family member is important and special.
- Family members can look alike or different.
- Family members help each other.
- Family members celebrate important occasions together.

Some members of our family may not live with us. We enjoy meeting them at family functions or festivals.

Vishu's Family:

Vishu's mother took him to her parents' house in Lucknow in summer vacation. She promised to take him to all those places which she had



Do You Know?

One becomes a member of a family by being born into it, by getting married into that family, or through adoption.

loved as a child. Vishu's father could not go with them. He is a soldier in the Indian Army. He had to attend a training programme in Hyderabad.

Vishu's grandparents, Mrs. and Mr. Ajay Sharma are wonderful people. Before marriage, Vishu's mother's name was 'Manmeet Sharma'. After marriage, she is known as 'Manmeet Singh'. 'Singh' is the surname of Vishu's father.

Vishu loves his grandparents very much. His grandmother runs a training centre to teach embroidery to women from a nearby slum. She sells their goods to a handicraft centre. This helps them to earn money.



Do You Know?



A **surname** is the family name. It is used after the first name.



Do You Know?



Our mother's parents are our **Maternal** grandparents and father's parents are our **Paternal** grandparents.

Vishu's grandfather teaches *Yoga* in a park in the morning and evening. He guides the people to follow correct eating habits for a healthy life.



Vishu's mother completed her schooling and college from Lucknow. She is a trained Manipuri dancer. Now she teaches Manipuri dance to children in Jaipur. Vishu's grandparents told him that Manmeet, his mother, was a naughty child. She loved to climb on *Jamun* tree and pluck raw *jamuns* to eat with salt.



Every morning, Vishu's grandmother washes the *veranda* with a broom and then makes beautiful designs of *rangoli* on the wet floor. Vishu also learnt to make *rangoli* from his grandmother.

Do You Know?



Rangoli is the art of making beautiful designs on the floor with colours, flowers, etc.

Vishu learnt many things in Lucknow. Vishu and his parents always had their meals on the dining table. But his grandparents sit on mats and eat their food in the kitchen. His grandfather says that sitting cross-legged while eating is good for digestion. Once the meal is over, everyone puts the dirty dishes near the water tap. His grandfather rolls the mats and keeps them on a shelf in the kitchen.

Vishu learnt *yoga* from his grandfather. He also learnt to sew buttons on his shirts.

Vishu loves to visit his father's parents also. His paternal grandparents live in Kapurthala. Vishu's father's two brothers and their families also live with them. It is fun to live in a joint family. Vishu loves to play with his cousins. They all speak Punjabi. Every morning the whole family performs *havan* together. Then they have their breakfast and go to school or work.



Vishu's grandparents take the children to meet his father's sister. She lives in village Raja Kalan. Everyone enjoys a visit to her home. They ate under the shade of the trees. His uncle took the children for a ride on a tractor.

A family can be small or big. A **small/nuclear** family is one where the father and mother live with their children. In a **big/joint family**, many members of the family live together in the same house—grandparents, uncles, aunts, cousins, etc.

The important thing about a family is that the members love one another. They share their happiness and help each other in time of need.



SOMETHING TO KNOW

A. Tick (✓) the correct option:

1. Your maternal grandparents are your—
(a) Mother's parents (b) Father's parents (c) Both
2. A nuclear family generally has—
(a) Parents (b) Children (c) Both
3. Vishu's grandmother runs a training centre for—
(a) Old people (b) Poor women (c) Children
4. People should follow the correct eating habits for a—
(a) Healthy life (b) Tired life (c) Both

B. Fill in the blanks:

Help Box

help, *yoga*, *rangoli*, members, different

1. We live in our home with the _____ of our family.
2. Family members can look alike or _____.
3. Vishu learnt _____ from his grandfather.
4. Vishu learnt to make _____ from his grandmother.
5. Family members _____ each other in time of need.

C. Match the following:

- | | |
|---|---------------------------------------|
| 1. Vishu's grandmother runs | (a) connected by love or kinship. |
| 2. Vishu's grandfather | (b) Manipuri dance. |
| 3. A family is two or more people who are | (c) a training centre for poor women. |
| 4. Manmeet teaches | (d) of a family live together. |
| 5. In a big/joint family, many members | (e) teaches <i>yoga</i> in a park. |

D. Answer the following questions:

1. Where do Vishu's maternal grandparents live?
2. What is the difference between a nuclear and a joint family?
3. How does Vishu's grandmother help the poor women?
4. Mention three important things that make a family.
5. Name three things that the members of a family do together.



Mother, My Best Friend

Mother, you taught me to care
From you I learnt to share,
Scold me whenever I am wrong
But never remain angry for long.

Mother, do not hold my hand
But guide me to understand,
Good and evil, the world unknown,
Help me to recognise on my own.



- In what ways does your mother guide you?
- What values have you learnt from your mother?
- Ask your teacher/parents to tell the stories of great deeds of some famous mothers like Jija Bai, Yashoda and Mother Teresa.
- What are the qualities that you admire in your mother/father?



Look at the political map of India.



It shows 29 states and 7 Union Territories. Each state has a capital, many cities, towns and villages. Locate the—

- Capital of India
- Uttar Pradesh
- Andhra Pradesh
- Manipur
- Rajasthan

SOMETHING TO DO

1. The mother of your grandmother or grandfather is your **great-grandmother**. The father of your grandmother or grandfather is your **great-grandfather**. If you go back one more generation, the grandmother of your grandparents is your **great-great-grandmother**. The grandfather of your grandparents becomes your **great-great-grandfather**.

Ask your parents to show you old albums.

- (a) Find out the names of your great-grandparents—

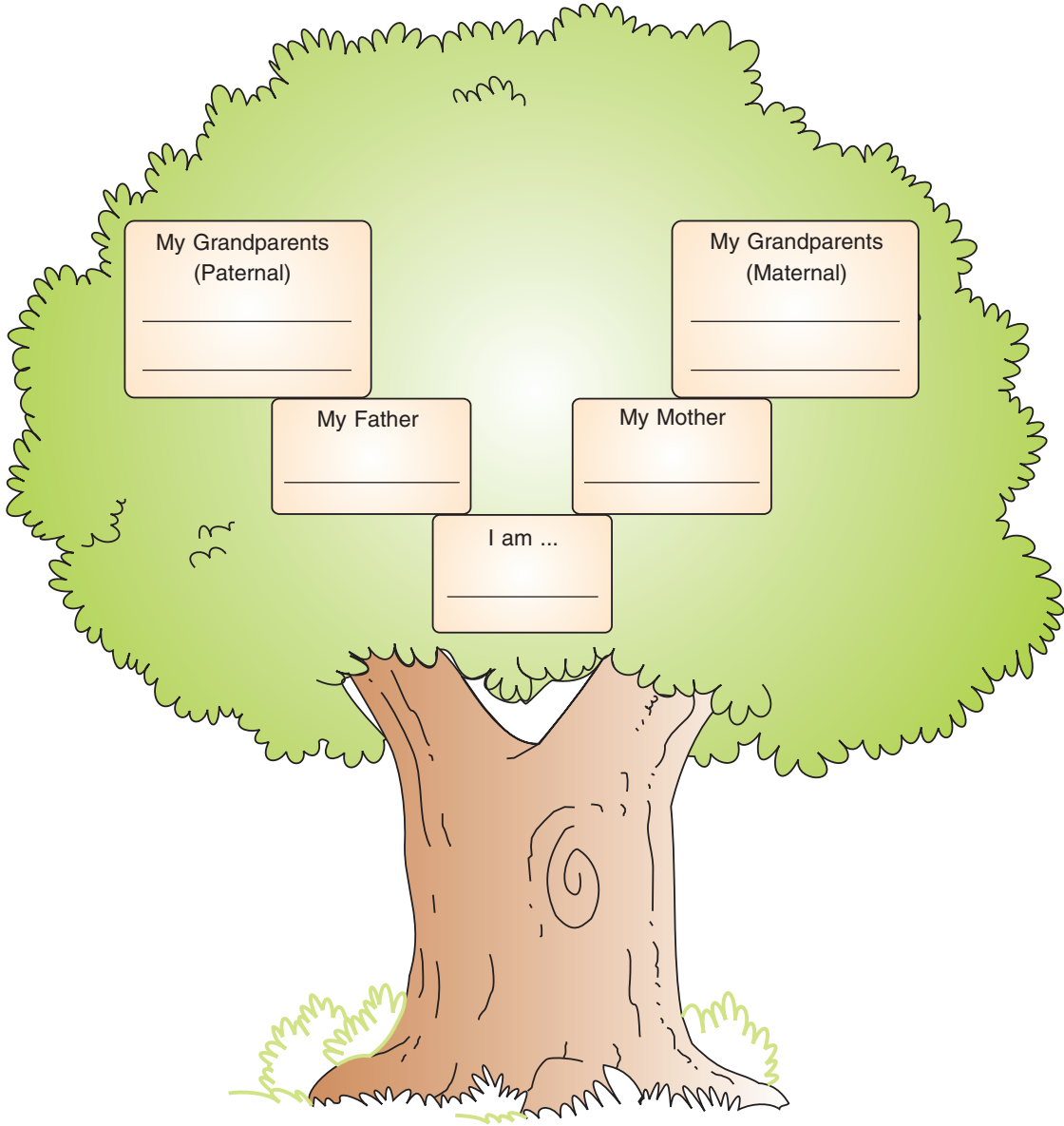
(i) _____

(ii) _____

- (b) Where did they live?

- (c) What was their occupation?

2. Complete your family tree by filling the names.



- (a) What do you call your mother's father? _____
- (b) What do you call your father's father? _____
- (c) What do you call your mother's brother/sister? _____
- (d) What do you call your father's brother/sister? _____

Family Similarities

Tapas was looking through the family album. He was surprised to see an old photograph of a boy who looked exactly like him. His mother told him that it was his father's photograph when he was eight years old.



How could two people look so much alike? It happens! Members of a family often resemble each other. Sometimes the resemblance is very little. It can be seen only in the colour of the skin, shape of the nose, forehead, etc. But sometimes the features of a child are very much like the mother, father, sister or brother.

Most tall parents have tall children and short parents have short children. But many a times, both parents may be tall but their child may be short.

In some cases, the type and the colour of hair of the children are similar to the hair of either the father or the mother. If the father has brown hair then one child may have brown hair. Many children resemble their grandparents, uncles, aunts or cousins. Sometimes a girl may not look like her mother but she may walk or talk like her mother.

Your one special feature	Who is it similar to?	Your two physical features which are unlike any other family member
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Family members do not only look similar but sometimes they may have even similar voices. You may not be able to make out whether you are talking to the mother or the daughter on the phone. The features, colour of skin, type of hair, habits, likes and dislikes of family members may be similar or different.



Identical twins

Many twins look different but some twins look exactly alike. They are known as ‘**identical twins**’. Sometimes even the parents of the identical twins find it difficult to tell who is who!



Do You Know?

Some senior members of family may wear spectacles or hearing aid, if their sight or hearing becomes weak. Some children have weak eyes or hearing, right from childhood.

In some families, the food habits or style of dressing of some of the members are similar. Some members of a family may not like some dish or the whole family may be fond of *kheer* (rice pudding). In the same manner, many children follow the occupations of their parents or relatives like the son/daughter of a sports person wants to follow the same sport. The children of singers, artists, actors, builders, goldsmiths or doctors may follow the footsteps of their parents or they may want to take up some other work.



Pt. Shiv Kumar Sharma and his son Rahul Sharma

The following news report makes it clear that the members of a family may live together or far away, but they all share their joys and sorrows. Sunita Williams and her family live in United States.

Their relatives in Gujarat were sharing their fear and relief at Sunita's journey of 195 days to space.

Do You Know?



Prakash Padukone was an international level badminton player. His daughter, Deepika Padukone is a film actor.

As Sunita Williams ended her space journey in United States, her relatives back home in Gujarat could not stop their tears of joy. 'She has landed safely by the grace of God. It is a moment of great joy for all of us,' said Sunita's uncle. Her relatives came out on the streets and danced till daybreak, bursting crackers and beating drums!



Sunita Williams coming out of spaceship



Sunita Williams with her relatives



Do You Know?

The word FAMILY stands for "Father and Mother I Love You!"

SOMETHING TO KNOW

A. Tick (✓) the correct option:

1. The twins who look same are—
(a) Identical twins (b) Non-identical twins (c) Fraternal twins
2. Family members can have similarity in—
(a) Eating habits (b) Voice (c) Both
3. Sunita Williams is a famous—
(a) Sports person (b) Astronaut (c) Singer
4. A famous personality who has followed the footsteps of his parents—
(a) Sachin Tendulkar
(b) Milkha Singh
(c) Rohan Gavaskar

B. Fill in the blanks:

Help Box

action, grandparents, similar, different, resemble

1. Members of a family often _____ each other.
2. Many twins look _____ but some twins look exactly alike.
3. The _____ of one family member affects the other members.
4. Many children resemble their _____, uncles, aunts or cousins.
5. In some families, the food habits of the members may be _____.

C. Write 'True' or 'False' for the statements given below:

1. Identical twins look different. _____
2. All family members have similar voice. _____
3. If parents are tall, their child is bound to be tall. _____
4. The likes and dislikes of family members are never similar. _____

D. Answer the following questions:

1. List three ways in which the family members can resemble one another.
2. In what ways are you similar to your family members?
3. What confusion can be created if the twins are identical?
4. Do you want to follow the occupation of your parents? Why?
5. How do family members share their joys together? Explain with an example.



Khushi and her sister Asmita are always fighting over something or the other. Their father brought dresses for them. One was pink and the other one was blue. Both of them liked the blue dress better. They started fighting. Brothers and sisters often quarrel with each other. This is known as **Sibling Rivalry**.

- (a) Do you have arguments with your brother or sister?
- (b) List two issues on which you have disagreement with your siblings/ cousins.

- (c) How do you solve problems with your siblings?
- (d) How do your parents guide you to solve the problems?
- (e) Mention the qualities that are needed to have good relations with others.



Map Skill

On a political map of India, label and colour—

- The state where Sunita Williams's relatives live.
- Two states where your relatives live.
- A state that your parents want to visit.

SOMETHING TO DO

1. Family Responsibility

If you understand the role and responsibility of your parents, you will understand the problem they face in bringing up the children. This will help you to become a better child.

- (a) Do you discuss your likes and dislikes with them? _____
- (b) Do you follow their advice? _____
- (c) Do you share the household chores (tasks) with them? _____

2. You are close to some of your family members. You may not be close to the other members of the family.

- (a) Is there a reason why you do not like a family member?

- (b) Has that person tried to harm you in any way?

(c) Have you discussed it with your parents?

3. Family Information:

(a) Who is the tallest member in your family? _____

(b) What is his/her height in feet and inches? _____

(c) What is his/her height in centimetres? _____

(d) What is your height in centimetres? _____

(e) What is the difference between your height
and your mother's height? _____

(f) What is the height of your best friend? _____

4. Thanks Giving: Make a card for a family member whom you want to thank.
Mention the reason for your gratitude.

